



Dinjerra Messenger

Term 2

No. 08

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From the Principal

Yesterday we held an assembly to celebrate Reconciliation Week. **May 27**—Marks the anniversary of Australia's most successful referendum and a defining event in our nation's history. The 1967 referendum saw over 90 per cent of Australians vote to give the Commonwealth the power to make laws for Aboriginal and Torres Strait Islander peoples and recognise them in the national census.

3 June—Commemorates the High Court of Australia's landmark Mabo decision in 1992, which legally recognised that Aboriginal and Torres Strait Islander peoples have a special relationship to the land—a relationship that existed prior to colonisation and still exists today. This recognition paved the way for land rights or Native Title.

Our senior students spoke and Mr. Peter Hirst spoke about why it was so important for the country to continue with the process of reconciliation. To quote from the official web site;

'Reconciliation must live in the hearts, minds and actions of us all as we move forward, creating a nation strengthened by respectful relationships between Aboriginal and Torres Strait Islander peoples and non-Indigenous peoples'.

Recently we have had to call some families regarding sick children. What we discovered was that a number of families had not let us know their current phone number or the current phone number of the emergency person who we call when we can't get onto a parent. It is crucial that if you change phone numbers, move or change your emergency contact details that you let us know as soon as possible. In the case of an emergency, such as a child breaking a limb, having an allergic reaction, or simply being very ill, we need to get in contact with you urgently. We do not have a nurse and if we cannot get onto you and we believe it is serious, we will call an ambulance and this can lead to a very expensive bill for your family. Please make this a priority.

Regards,
Graeme Smith
Principal

CSEF

The State Government has financial assistance to help with paying for sports activities, camps and excursions if you hold a Health Card or Pension Card. To apply for this assistance, please bring your current Health Care Card or Pension Card to the office and sign an application form (CSEF) as soon as possible. If you have already signed this application but have not supplied the office with your card, please bring it in as soon as possible as we must sight every card.

Thank you
The Office Staff

AGM

The Annual General Meeting of Dinjerra Primary School's School Council will be held on **Tuesday, 13 June, 2017 at 6.45pm in the Conference Room** immediately before the monthly School Council Meeting.

Calendar of Events



Date	Event	Time
Fri, 02/06	Melbourne Victory SEDA students working with grades 3/4, 1/2, & 5/6 - soccer clinics.	9.00am to 2.00pm
Fri, 02/06	Interschool Sport – Grades 5 & 6 - practise at Dinjerra	11.20am to 12.20pm
Fri, 09/06	Interschool Sport – Grades 5 & 6 away vs Corpus Christi PS	11.30am to 1.00pm
Mon, 12/06	Queen’s Birthday public holiday – children not required at school	All Day
Tues, 13/06	School resumes	9.00am
Tues, 13/06	School Council Annual General Meeting	6.45pm
Tues, 13/06	School Council Meeting	7.00
Fri, 16/06	Interschool Sport – Grades 5 & 6 away vs St Bernadette’s PS	11.30am to 1.00pm
Fri, 23/06	Interschool Sport – Grades 5 & 6 – GRAND FINALS	11.30am – 1.30pm
Fri, 30/06	School Finishes	2.30pm
Mon, 17/07	School resumes	9.00am

Kelly Club Dinjerra

Get along to Kelly Club Dinjerra OSHC program for loads of fun, sport, games, cooking, craft, arts, structured free time and healthy, yummy breakfast and afternoon tea!

We’re open **Monday – Friday** for **Before School Care 7am – 8.45am** and **After School Care 3pm – 6pm**, **providing breakfast and afternoon tea.**

Our programs are approved with subsidies available, prices start from \$3.00 per session with your CCB rebate!

Ask at the office or contact Lara for more information and to book:

Phone: 0466 665 941 Email: dinjerra@kellycluboshc.com.au

Ph: 0466 665 941

Email: dinjerra@kellycluboshc.com.au

Website: www.kellycluboshc.com.au

PO Box 71, Moonee Vale, Vic, 3055



On the Noticeboard

2. Playgroup Timetable at various locations
3. Little VIPs Child Care Centre
4. Marian College Information Evening
5. Host an Exchange Student
6. Victoria Walks – Traffic Safety
7. Phoenix Youth Hub, Footscray
8. 10th Footscray Scout Group

From the Assistant Principal

WHAT TO DO IF YOU ARE BEING BULLIED

Dear Parents and Guardians,

At Dinjerra Primary School we say “NO WAY!” to bullying.

There are different strategies that can be used to help yourself if you are being bullied and help others as well. Use your right hand as a memory jogger.

Finger 1: (Thumb) IGNORE THE BEHAVIOUR

You can choose to ignore the behaviour and walk away from the bullying. You might stop looking at them, talk to someone else near you or turn your body away from them. This way you are not giving the bully the attention or power they want.

Finger 2: AVOID THE SITUATION AND MOVE AWAY

Bullies like to find quiet areas to bully others so no one sees them. Choose to play in areas where there are lots of other students and if you see bullying move away.

Finger 3: USE POSITIVE SELF-TALK

Using statements that start with the word ‘I’ boosts your confidence and self-esteem and helps you get through a difficult situation. Use phrases like “I deserve to be treated with respect” and “I know that the rumour being spread about me is not true”.

Finger 4: AN ASSERTIVE RESPONSE (STANDING UP - THE COOL WAY!)

People who look unsure of themselves are often targets for bullying. Using powerful words such as: **PLEASE STOP! I DON'T LIKE IT** lets the person who is doing the hurting know that you will not put up with that behaviour. State the behaviour you want stopped and their name when you are responding. Stand tall, back straight, look the person in the eye and use a clear, strong voice.

Say ‘I don't like (name the behaviour) so stop it (name the person)’.

Stay in control of yourself by using words and **not** physical actions.

Finger 5: ASK A TEACHER FOR HELP IN SOLVING THE PROBLEM

Try the other strategies first, but if the behaviour does not stop then you **must** tell a teacher. If you do not, the bullying behaviour will continue and the bully will do it to others as well. By keeping quiet, you are giving the bully power and saying bullying is okay. We need to stop the bullying and help the person get help to stop.

Family Activity

As a family watch the movie ‘A Bugs Life’ which has a theme of bullying running through the plot. Make connections between the characteristics of the grasshoppers and the ants, what happened in the film and bullying.

I hope you found this article interesting and useful and please share any feedback you may have with me.

Want to know more about what happens at Dinjerra PS on a daily basis?

Follow me on Twitter on @Dinjerra_AP

Warm Regards,

Bobby Kotevski

Assistant Principal

Change In The Times For The School Day From The Start Of Term 3

At our May meeting, Council decided to slightly change the school day to allow students to eat their lunch earlier and to add fifteen extra minutes to the instruction time we give your children. We want to ensure that the children are fed earlier in the day to ensure they have maximum concentration and learning. A number of our children do not have a proper breakfast or a sustainable recess snack. Some children can go without any food all the way to lunch at 1:30PM.

This leads to children being hungry, having poor concentration, feeling ill, lethargic, getting headaches and having behaviour issues. Research indicates that for the best learning, children must be fuelled early in the day with a nutritious lunch and eat regularly to maintain the energy and concentration needed to succeed at school. We believe an earlier lunch will tackle this. We encourage parents and their children to discuss the best way that this will work for them, as I know many children have substantial breakfasts and yummy lunches. Please discuss the issue with your child's teacher if you have any concerns.

What Council decided to do, with the full support of the teachers is to have a fifteen minute lunch eating time at 11.00AM followed by a 30 minute lunch break and five one-hour blocks of learning throughout the day. A thirty-minute afternoon recess will take place at 1.45PM. **The school day will start at 9.00AM as usual but now finish at 3.15PM. The change will start at the beginning of Term 3. We will evaluate the change in Term 4 to see how well it is working.**

The school day will look like this:

Session	Times	Duration
Session 1	9:00am - 10:00am	60mins
Session 2	10:00am - 11:00am	60mins
Eat Lunch in Classroom	11:00am - 11:15am	15mins
Lunch	11:15am - 11:45am	30min
Session 3	11:45am-12:45pm	60mins
Session 4	12:45pm - 1:45pm	60mins
Afternoon Break	1:45pm - 2:15pm	30mins
Session 5	2:15pm - 3:15pm	60mins

Dinjerra Primary School No. 5450

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www.facebook.com/DinjerraPrimarySchool
 Principal : Mr Graeme Smith
 Assistant Principal : Mr Bobby Kotevski

Students, please do not use the Office area as a short cut to your classrooms. This is a quiet area and we are trying to work!